

# Live Entertainment by Classic Rock Band: The Sock Monkeys

Sports Plus & Battlefield Screen  
 Potomac River Running  
 Miller and Associates

Fairfax-Falls Church CSB  
 WWW.CASSADAY.COM  
 Booz-Allen-Hamilton



Present

## 13th Annual Tim Harmon 5K Recovery Run/Walk

**Saturday June 23, 2012 8:30 am**  
**Fairfax County Government Center**

**Start/Finish**

**In front of Fairfax County Government Center, 12000 Government Center Parkway; Fairfax, VA 22033**

**Course**

**Spectator friendly course beginning and ending at Fairfax County Govt. Center. Computer chips utilized for timing.**

**Early Packet Pickup**

**Friday June 22, 2012, 4:00 to 8:00 pm at Potomac River Running, Reston Town Center; 11911 Democracy Drive, Reston, VA 20190; 703-689-0999;**

**Race Day Registration and Packet Pick Up**

**7:00 to 8:15 am at the Fairfax County Government Center**

**Awards**

**◆ Top 3 Male and Female Overall ◆ Top 3 age Group Awards in 5 year Increments ◆ Over 100 Medals and Trophies to be Awarded ◆ Many random Prizes ◆ Custom T-shirts for all Registered Participants**

**Directions**

**Take the Beltway to 66 West. Exit Route 50 West. Exit West Ox Road South. Turn left on Monument Drive. Turn right on Government Center Parkway. Plenty of free parking.**

✂ **Clip and use the registration form below or register online at [www.PRraces.com](http://www.PRraces.com)**

**For race info call (703)383-8441 or [peggy.cook@fairfaxcounty.gov](mailto:peggy.cook@fairfaxcounty.gov), [www.timharmon5k.org](http://www.timharmon5k.org)**

<b>Please check only one;</b> <b>Fairfax County Employee Division does not include School Employees</b>	<input type="checkbox"/> Run/Walk	<b>Saturday, June 23rd, 2012 at 8:30 am</b> Registration: <input type="checkbox"/> by June 9, 2012 \$20 <input type="checkbox"/> June 10, 2012 or after \$25 Race day registration June 23 7:00 to 8:15 am Checks payable to Friends of A New Beginning; 3900 Jermantown Road, Suite 200 Fairfax, VA 22030
	<input type="checkbox"/> Fairfax County Employee <input type="checkbox"/> Baby Jogger <input type="checkbox"/> Police/Fire & Rescue	

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**Liability waiver must be signed before mailing**

I know that running a road race is a potentially hazardous activity and that I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the organizers of the Tim Harmon 5K, Friends of A New Beginning, and all other sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event or carelessness on the part of the persons named in this waiver. Further, I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for legitimate purposes.

Runner's Signature (parent or guardian if under 18) \_\_\_\_\_ Date \_\_\_\_\_